

Allergy Skin Testing – Medications that Interfere with Testing

Important Information about Allergy Skin Testing:

Patients scheduled for allergy skin testing must stop taking any medications that contain antihistamines as they will affect the results of your test. This includes both over-the-counter as well as prescription medications. Do not discontinue antidepressants/psychotropic medications or any other medications without consulting with your prescribing physician. Call your pharmacy or prescribing physician if you are unsure about the names of your medications. Asthma medications do not affect skin testing.

DO NOT STOP YOUR ASTHMA MEDICATIONS.

The following is a list of medications that must be STOPPED SEVEN (7) DAYS before skin testing:

Actifed	Chlortrimeton	Limbitrolr	Sinequan
Adapin	Chlorpheniramine	Loratadine	Singlet
Advil Allergy	Clarinox	Ludiomil	Sominex
Advil PM	Claritin	Levocetirizine	Sudafed Cold & Allergy
Alavert	Clemastine	Marezine	Surmontil
Allegra	Clomipramine	Meclizine	Tacaryl
Allerclear	Cogentin	Norpramin	Tandur
Allerfex	Comtrex	Nortriptyline	Tavist
Allerhist	Contac	Nyquil	Temaril
Allertan	Coricidin	Pamelor	Theraflu
Allertec	Cyproheptadine	Pediaware	Tofranil
Amitriptyline	Desipramine	Pediatan	Triaminic
Anafranil	Dimetapp	Periactin	Triavil
Antivert	Diphenhydramine	Phenergan	Trimipramine
Asendin	Doxepin	Polyhistine	Trinalin
Atarax	Dramamine	Promethazine	Tylenol Allergy
Atrohist	Drixoral	Protriptyline	Tylenol Cold
Aventyl	Durahist	Pyribenzamine	Tylenol PM
BC Cold	Duratan	Remeron	Unisom
Benadryl	Dytan	Resperidone	Vicks
Bentyl	Elavil	Risperdal	Vivactil
Benzotropin	Etrafon	Robitussin Cough, Cold & Allergy	Walitin
Biohist	Excedrin PM	Rynatan	Walfex
Bonine	Fexofenadine	Ryneze	Walzyl
Brompheniramine	Hydroxyzine	Semprex	Xyzal
Carbinoxamine	Imipramine	Seroquel	Zonolon
Cetirizine	Ketotifen		Zyrtec

****Note:** This list includes the most common antihistamines; however, there may be some not listed here. Any over-the-counter medications with the word "Allergy", most over-the-counter cough and cold medications, and over-the-counter sleep medications may affect testing and should be stopped prior to your appointment. If you have any questions, please call us at 907-562-6228.

The following medications must be STOPPED TWO (2) DAYS before skin testing:

GI MEDICATIONS (for reflux and indigestion)

Axid	Famotidine	Pepcid	Tagamet
Cimetidine	Nizatidine	Ranitidine	Zantac

ANTI-HISTAMINE NASAL SPRAYS

Azelastine	Astepro	Dymista
Astelin	Patanase	